

PRESS RELEASE

GLENEAGLES CRC BAGS APPROVAL FROM MALAYSIAN MINISTRY OF HEALTH TO RUN 'GOOD CLINICAL PRACTICE' WORKSHOP

SINGAPORE, 21 May 2009 – **Gleneagles CRC Pte Ltd**, a subsidiary of **Parkway Holdings Limited**, has received approval from the **Malaysian Ministry of Health** for its Good Clinical Practice (GCP) workshop, to be held from 22 to 24 May 2009 at Gleneagles Intan Medical Centre in Kuala Lumpur, Malaysia. This makes Gleneagles CRC the only Singapore organisation to receive such an approval for its GCP workshop. Through its collaboration with **Murdoch University**, Western Australia, this workshop will also be the only one of its kind to be organised in association with a university.

Participants in Gleneagles CRC's Good Clinical Practice workshop will be able to enhance their knowledge of the theoretical and operational aspects of core clinical trial management activities, and will develop a deeper understanding of the clinical trial management process, from drug discovery to the conduct of a clinical trial. At the end of the workshop, participants will sit for two tests on GCP issues; participants who pass both tests will receive a recognised certificate signed by the Director General of the Malaysian Ministry of Health, and a second certificate exclusively issued by Gleneagles CRC and endorsed by Murdoch University.

Dr Yap Kok Wei, Chief Executive Officer of Gleneagles CRC, said, "With more clinical trials being conducted in Asia, there is an increasing human subject involvement here. Thus, there is a need to ensure that clinical researchers are able to understand and apply Good Clinical Practice, which is the most important fundamental of clinical research, so that the rights of the subjects are properly protected in studies that are built on good science. This workshop will help participants to establish best practices in their clinical trials to align them with the ethics and safety requirements as required by the regulatory authorities and ethics committees, and also with those perceived by the general public."

Associate Professor Robert Coltrona, Dean of Murdoch University's School of Pharmacy, noted, "We are pleased to be able to work with Gleneagles CRC to ensure consistency and quality in the workshop materials and also to provide oversight over the entire workshop. We look forward to working with Gleneagles CRC in the future to deliver quality Good Clinical Practice courses throughout Asia and Australia."

This is the second GCP course that Gleneagles CRC is conducting in Kuala Lumpur. The first course, which was held last year, attracted a diverse range of participants, including doctors and other healthcare professionals, representatives of contract research organisations and academics, from Malaysia, Singapore, Indonesia and Vietnam. The next workshop will be held in Jakarta, Indonesia in December 2009 in collaboration with the regulatory authorities of Indonesia and the Respiratory Society of Indonesia (RESPINA).



Gleneagles CRC is a dedicated contract research organisation (CRO) in the Asian-Australasian region. In March 2009, it won the Editor's Choice Award for Emerging CRO Company of Singapore 2008 from *BioSpectrum Asia*, Asia's most widely circulated life sciences publication.

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About Gleneagles CRC Pte Ltd

Gleneagles CRC Pte Ltd is a premier CRO in the Asian-Australasian region. Founded in 1999 and a fully-owned subsidiary of Parkway Holdings Limited, Gleneagles CRC has conducted many trials in Asia and is exceptionally well-networked. For more information, please visit the website at <http://www.gleneaglescrc.com>.

About Parkway Holdings Limited

Parkway Holdings Limited (SGX:Parkway) owns **Parkway Group Healthcare Pte Ltd** and **Parkway Hospitals Singapore Pte Ltd** which operates **East Shore Hospital, Gleneagles Hospital, Mount Elizabeth Hospital, Parkway Cancer Centre** and **ParkwayHealth Day Surgery and Medical Centre**. The Company also owns **Parkway Shenton Pte Ltd**, a major provider of primary healthcare services; **Medi-Rad Associates Ltd**, a leading radiology services provider; **Parkway Laboratory Services Ltd**, a major provider of laboratory services, and also operates 41 **ParkwayHealth Patient Assistance Centres (PPAC)** across the globe. For more information, please visit the website at www.parkwayholdings.com.

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